

Little things you can do to help save the environment

By Freddie, Year 8

1. Hand in your old books and clothes.
2. Use a glass of water when brushing your teeth.
3. Mend your existing clothes.
4. Only water the garden at the hottest part of the day.
5. Only boil the amount of water you need.
6. Buy organic products.
7. Use public transport.
8. Switch off the lights when you leave the room.
9. Close doors.
10. Recycle as much as you can.
11. Use energy light saving bulbs.
12. Turn down heating instead of opening windows.
13. Use eco-friendly detergents.
14. Bring your own bags to the shop.
15. Compost biodegradable kitchen waste.
16. Save water by using low-flow shower heads.
17. Take short showers.
18. Don't buy aerosols.
19. Plant trees.
20. Use unleaded petrol.
21. Support local businesses by shopping locally.
22. Use Ecosia instead of Google.

23. Don't just mindlessly go on the internet.
24. Only go on one electrical item at a time.
25. Don't buy beef.
26. Don't buy any dairy products.
27. Instead of turning up the thermostat put on a jumper.
28. Don't buy flowers from Ethiopia.
29. Give a pound per week to any charity.
30. Adopt a tree.