

Fizz free policy

The Holgate Academy

February 2025

In the interests of student health The Holgate Academy has banned all carbonated drinks. There is a significant body of evidence that tells us that fizzy drinks contribute to a wide range of medical conditions from tooth decay to diabetes. Fizzy drinks, especially ones containing caffeine and related products also have a detrimental impact on learning.

Students found with fizzy drinks will have them confiscated. If it is factory sealed it will be returned at the end of the day. If the drink is opened then it will be poured away. Students who fail to hand over a drink can expect to follow the Consequence Pathway.

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Associated documents:			
Links to:			