## What to do.

Complete the journal you were given in your Futures lesson. Try to include a photo or self portrait on the front cover and ensure your name is on it!

Page 1 – Front cover

Page 2- handprint – all about me

Page 3 – Great things about me and when I grow up I want to be...

Page 4 – Positive self-talk journal

Those who complete and return to their Futures teacher in year 7 will receive positive points.